## Screening, Brief Intervention and Referral to Treatment (SBIRT)

"Training of Trainers" Workshop For Primary and Behavioral Health Care Professionals 2012 Generations Conference

Training provided by

Barbara Sullivan, Ph.D, Associate Director Utah Addiction Center, University of Utah

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Date: March 30, 2012

Time:

Location: Hilton Salt Lake City Center 255 South West Temple Salt Lake City, Utah Room – Posted at the Hotel

9:00-5:00



**Registration:** No registration fee

Parking: Parking fees will be the responsibility of the training participant

RSVP: Becky King at <u>rbarnett@utah.gov</u> or (801) 538-4278

"Screening, Brief Intervention and Referral to Treatment is a comprehensive and integrated approach to the delivery of early intervention and treatment services through universal screening for persons with substance use disorders and those at risk" (SAMHSA 2010).

SBIRT is an evidenced based model which has been proven effective in reducing and preventing alcohol and drug use. Some of the benefits of SBIRT include:

- Reduced health care costs (savings of \$3.81 for every \$1.00 spent on screening and intervention)
- Helping patients decrease their risk of becoming alcohol and drug dependent

Upon completion of this workshop, participants will learn:

- 1. The history of SBIRT
- 2. The core components of SBIRT
- 3. How to administer and score screening tools
  - 4. How to train peers on SBIRT

CME's and CEU's will be provided...